

To fulfill the childbirth education requirement for birth doula certification by observing prepared childbirth classes, the following conditions must be met:

Classes must be taught to a group of expectant couples by a certified instructor from one of the programs indicated below.

The series of classes must consist of at least twelve (12) hours of instruction time.

The complete series of prepared childbirth classes must be observed.

The certification candidate may not be a class participant, but should only observe.

The instructor's most recent (re)certification or completion of program must have occurred no more than five (5) years prior to the time of the class series.

DONA Approved Childbirth Education Organizations and Programs

ACBE (Academy of Certified Birth Educators and Labor Support Professionals)

BACE (Boston Area Childbirth Education)

BirthWorks International

Birthing From Within

The Bradley Method of Natural Childbirth

CAPPA (Childbirth and Postpartum Professional Association)

CBI (Childbirth International)

CEA of NYC (Childbirth Education Association of New York City)

Douglas College Program for Childbirth Education (British Columbia)

FOCEP (Florida Outreach Childbirth Education Program)

Humber College (Childbirth Educators Multidiscipline Certificate Program, Ontario)

Hypnobabies

IBWP (The International Birth & Wellness Project; formerly ALACE)

ICEA (International Childbirth Education Association)

Lamaze International