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**Two Papers:**

1. DONA International (2016). [Position Paper: The Birth Doula's Role in Perinatal Care](#)
2. DONA International (2016). [Position Paper: The Postpartum Doula's Role in Perinatal Care](#)

**Four Books:**

5. Simkin, P. and Rohs, K. (2018). *The Birth Partner: A Complete Guide to Childbirth for Dads, Doulas and All Other Labor Companions, 5th edition.* .\*\*\*
6. Group A. Choose one (1) of the following books:
  - Douglas, A. (2015). *The Mother of All Pregnancy Books: An All-Canadian Guide to Conception, Birth and Everything in Between*, 3rd edition.
  - Hutcherson, H. and Williams, M. (1997). *Having Your Baby: For the Special Needs of Black Mothers-To-Be, from Conception to Newborn Care*, 1st edition.
  - Simkin, P., et al. (2018). *Pregnancy, Childbirth and the Newborn: The Complete Guide*, 5th edition. \*\*\*
7. Group B. Choose one (1) of the following books:
  - Davis-Floyd, R., et al. (2019). *Birth in Eight Cultures: Brazil, Greece, Japan, Mexico, the Netherlands, New Zealand, Tanzania, United States.*
  - Luke, J. M. (2018) *Delivered by Midwives: African American Midwifery in the Twentieth-Century South*, 1st edition.
  - MacDonald, T. (2016). *Where's the Mother? Stories from a Transgender Dad.*
  - Neufeld, T. H. and Cidro. J. (2017). *Indigenous Experiences of Pregnancy and Birth.*
  - Rosswood. E. (2016). *Journey to Same-Sex Parenthood.* (Available in print only)
  - Roberts, D. (2016). *Killing the Black Body: Race, Reproduction, and the Meaning of Liberty.*.\*\*\*
8. Group C. Choose just one (1) book from a special interest topic. You may choose a book on this list or another book that informs on your community or practice. If you choose a book that is not on this list, include an assessment of whether or not your chosen book aligns with the DONA International model of care in your written take-aways:
  - Birth Planning
    - Chidi Cohen, E. (2017). *Nurture: A Modern Guide to Pregnancy, Birth, Early Motherhood—Trusting Yourself and Your Body.*
    - Gabriel, C. (2018). *Natural Hospital Birth: The Best of Both Worlds*, 2nd edition.
    - Goer, H. (2022). *Labor Pain: What's Your Best Strategy? Get the Data. Make a Plan. Take Charge of Your Birth.* \*\*\*
  - Business/Motivation
    - Brown, B. (2015). *Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead.* \*\*\*
    - Karsh, E. and Fox, A. S. (2019). *The Only Grant-Writing Book You'll Ever Need*, 5th edition.

- Petty, S. and Verbeck, E. (2012). *Worth Every Penny: Build a Business That Thrills Your Customers and Still Charge What You're Worth*.
- Singh, D. (2018). *Purposeful Hustle: Direct Your Life's Work Towards Making a Positive Impact*. \*\*\*
- Slim, P. (2013). *Body of Work: Finding the Thread that Ties Your Story Together*. \*\*\*
- Doula History
  - Klaus, M.H., et al. (2012). *The Doula Book: How a Trained Labor Companion Can Help You Have a Shorter, Easier and Healthier Birth*.
  - Morton, C. H. and Clift, E. (2014). *Birth Ambassadors: Doulas and the Re-Emergence of Woman-Supported Birth in America*.
- Perinatal History
  - Amnesty International. (2010). *Deadly Delivery: The Maternal Healthcare Crisis in the USA* (Available as a PDF download on amnesty.org.)
  - Cassidy, T. (2007). *Birth: The Surprising History of How We Are Born*. \*\*\*
  - Gonzales, P. (2012). *Red Medicine: Traditional Indigenous Rites of Birthing and Healing*.
  - McGregor, D. K. (1998). *From Midwives to Medicine: The Birth of American Gynecology*.
  - Seals-Allers, K. (2017). *The Big Letdown: How Medicine, Big Business, and Feminism Undermine Breastfeeding*.
- Anti-bias, systemic racism, and cultural awareness
  - Brown, Jennifer. (2022). *How to Be an Inclusive Leader: Your Role in Creating Cultures of Belonging Where Everyone Can Thrive*.
  - DiAngelo, R. (2016). *What Does it Mean to be White? Developing Racial Literacy*, revised edition.
  - Oluo, I. (2019). *So You Want to Talk about Race*. Seal Press. \*\*\*
- Lactation
  - Barber, K. (2005). *The Black Woman's Guide to Breastfeeding: The Definitive Guide to Nursing for African American Mothers*.
  - Gray, R. and Hills, A. (2015). *Born to Breastfeeding: The First Six Weeks and Beyond*.
  - Kaplan, R. and Theuring, A. (2018). *Latch: A Handbook for Breastfeeding with Confidence at Every Stage*. \*\*\*
  - Logan, J.V. and Sangodele-Ayoka, A. (2014). *Free to Breastfeed: Voices of Black Mothers*.
  - Mohrbacher, N. and Kendall-Tackett, K. (2010). *Breastfeeding Made Simple: Seven Natural Laws for Nursing Mothers*. \*\*\*
- Postpartum
  - Breedlove, G., et al. (2018). *Nobody Told Me About That: The First Six Weeks*.
  - Johnson, K. A. (2017). *The Fourth Trimester: A Postpartum Guide to Healing Your Body, Balancing Your Emotions, and Restoring Your Vitality*. \*\*\*
  - Kleiman, K. (2013). *This Isn't What I Expected: Overcoming Postpartum Depression*, 2nd edition. \*\*\*
  - Kleiman, K. (2019). *Good Moms Have Scary Thoughts: A Healing Guide to the Secret Fears of New Mothers*. (Available in print only)
- Difficult or Traumatic Birth
  - Rosewood, R. (2013). *Cut, Stapled and Mended: When One Woman Reclaimed Her Body and Gave Birth on Her Terms After Cesarean*. (Available in print only)